



## One Life Racing Round-up No.90, 17<sup>th</sup> February 2012

2012 AGM

### ONE LIFE RACING TRIATHLON CLUB AGM MEETING

All Welcome

Monday 12th March 2012

7-9PM

LOCATION: WENTWORTH LEISURE CENTRE

We wrote to you recently to let you know the date of our 2012 AGM. This is a key date for your diary because even if you are not on the committee and do not want to be, we want you to join us to make sure that the One Life Racing committee hears your views and opinions on what we have achieved in 2011 and what you want to see more of/less of in 2012.

The AGM is also the time when the key roles in the committee are reviewed and this year we have gone a step further.....

.....Over the coming weeks we will be sharing with you some changes that we want to make to the **Constitution** and the **key roles** in the club in preparation for the AGM. The reasons for this will be overviewed in more detail at the AGM, however please note, that all the current contributors to the running of the club, do so voluntarily, and as you know 'many hands make light work'. Therefore you will see that to maintain our current success we will need more support.

We want to deliver more value to our members, in particular giving the children more participation opportunities, and to do so we need to make use of the un-tapped skills and enthusiasm we know is out there. This does not mean that you have to be on the committee to help the club, be a coach or in fact be a member- if your children are members and you think you can pitch in with some help or support with training, events or in the background we would welcome your contribution but we need you to let us know. The AGM is where you can hear more....so please join us.

To help out with logistics, we are delighted to announce that as we will be holding the AGM at our base at the Wentworth, the team there have agreed to allow children to bowl for £1 and adults for £2 while the AGM meeting is on. (A willing adult or two to referee the bowling would be good too! please drop us a line at [oneliferacing@gmail.com](mailto:oneliferacing@gmail.com) if you can help)

Thank you in advance for your help and support in 2012 and keep looking out for emails with all the information you will need for the AGM.





#### 2012 Membership Renewals Reminder – from Jan Oliver

**The membership fees for 2012 are now due.** Unfortunately we've had to increase both adult (£20) and child (£10) fees due to the clubs ever increasing costs (mainly Wentworth Centre charges). At present the session fees remain the same.

**Could the fees be accompanied by the membership form (please email [oneliferacing@gmail.com](mailto:oneliferacing@gmail.com) for a form) and paid separately to any session fees.** If personal details have not changed since last year then you only need to print your name(s) and sign at the bottom of the form.

If renewals are not received by the end of March 2012 it will be assumed that you no longer wish to be part of the club. Please do not hesitate to contact me ([olivers.j@talk21.com](mailto:olivers.j@talk21.com)) if you have any queries.

#### Informal Duathlon at Allendale – from Brendon Jackson

Provisional date for the **INFORMAL** duathlon - **Sunday 26 February 2012** (provisionally 12noon); Allendale Sports Club in Catton. Limited parking so do share lifts if you can and park with care and consideration. Please do not park in the road near the club as this is part of the route. Some have kindly volunteered to help on the day, so if you are able to help then do e-mail me, Brendon ([hogsback@hotmail.co.uk](mailto:hogsback@hotmail.co.uk)). Those who have offered, if you are able to confirm your availability then that would be appreciated, but do not feel obliged if you prefer to take part.

It's for the serious, **not so serious** and those who just want to **give it a try**. This is weather dependant, so keep an eye on the website [www.allenvalleystriders.co.uk](http://www.allenvalleystriders.co.uk). There will be no cost, but donations (not obligatory) are accepted and go towards Allendale Sports Club funds. I will speak to the Sports Club about providing refreshments/food for sale. **Participants join in at their own risk.** There will be no marshals etc, but helpers would be appreciated for some tasks, which may enable some marshalling. The course is simple: 2 x 4km loop for the run, then onto Allenheads for the 29km out and back cycle, and then 1 x 4km loop run. You cannot get lost. For those wanting to do a shorter course, then there is 1 x 4km loop for the run, then onto Sparty Lea for the 21km out and back cycle, and then 1 x 4km loop run. The informal duathlon is open to anyone over 13, but more importantly - with road sense as the run and cycle are on open roads. All types of roadworthy bicycles are acceptable. **By participating, the participants accept full responsibility and liability for any loss or damage of any nature to themselves or personal property arising out of their participation.**

Please do let as many people know about the event, but do stress the point that it is weather dependant and that they **MUST** keep informed about it on the website <http://www.allenvalleystriders.co.uk/id5.html>

IF YOU INTEND TO TAKE PART THEN DO SEND ME AN E-MAIL SO THAT I HAVE SOME IDEA OF NUMBERS AND ALSO SO THAT CATERING CAN BE APPROPRIATE

Kindest regards, Brendon





### Prince Bishops Triathlon, Change of Date - from Richard Coates

We have been forced to change the date of the Prince Bishops race due to a clash with Tyne Valley cycling clubs round the reservoir event. I only found out about this event on the same day and course as ours so we have been speaking to the sailing club to rearrange the race date for the **Saturday 5th May 2012**. The standard distance race will still be the North East Standard distance championship. Entries and information have been updated on the Entrylive website [HERE](#)

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Cheers

The One Life team

