

Draftingrulesexplained

What is drafting?

It's against the rules.

Taking shelter behind or beside another competitor or motor vehicle during the bike phase.



Drafting and not drafting



- **A** & **B** are maintaining adequate separation.
- C is drafting B as C is not attempting to pass B.

Making a pass

A competitor may enter the draft zone if they are making a pass.

They have a maximum of 15secs within the draft zone to make the pass, if they cannot pass then they must drop back.

Once the pass is complete it is the overtaken cyclists responsibility to drop back.

Penalties

2 minute Penalty

• 1 violation noted by a motorcycle official

Disqualification

- 2 violations noted by a motorcycle official
- 4 violations noted by static marshals

- 3 violations noted by static marshals
- 3 violations noted by static marshals and 1 violation noted by a motorcycle official

Motorcycle officials do not have to provide a warning about drafting for safety reasons.

This document does not feature all rules regarding drafting. A full set of rules can be found at www.britishtriathlon.org — This document is for guidance purposes only.